Specification Amendments:

Please amend the specification as indicated:

Please replace paragraph [0018] with the following amended paragraph:

[0018] In a particular embodiment, the garment 105 has a sleeve with an opening 104. The opening is defined by a cuff 106. The flap 120 has a generally triangular shape having three sides. One side is attached to the sleeve in a strait or arcuate fashion generally parallel to a generally longitudinal axial direction 116, such as parallel to a seam or along an arm. A second side 112 of the flap 120 has a arcuate shape leading form the secured side 102 and arcing to a tab or point 122 having fastener 200. A third side 108 extends from the secured side 102 to the corner or tab ~~1212~~ 122 having the fastener 200. The side or edge 108, when the fastener and flap are in a closed position, runs generally parallel to the cuff 106. In this particular embodiment, the length of side 108 may be shorter than a length along cuff 106 from flap attachment point 114 to the fastener portion 200 attached to the cuff 106. When closed, the flap 120 forces the opening 104 to constrict. In an alternate embodiment, the portion of fastener 200 attached to the cuff 106 may have multiple fastening points or may be an extended fastener portion such as an extended portion of a hook-and-loop fastener system. The flap 120 may be closed and the fastener 200 attached to the flap 120 selectively positioned to provide more or less constriction of opening 104.

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